



NORTH KINGSTOWN RECREATION SUMMER 2020

Mandatory Waiver forms required for all programs; find this and registration forms at our town website
<https://nkrec.recdesk.com/Community>

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**ALL Registrations can be done online at <https://nkrec.recdesk.com/Community>
OR print PDF and mail in OR in person at 100 Fairway Drive, NK RI 02852**

For up to date North Kingstown COVID-19 Response visit <https://www.northkingstown.org/775/5865/Covid-19>

We at NK Rec take your health and safety very seriously. We will be abiding by the State COVID Guidelines that are subject to change. Please only send ONE guardian with child for program. Children and Staff must wear a mask. Please have hand sanitizer available for individual use. There will be a screening at drop off, including temperature taking, please allow yourself an extra few minutes. If your child has a temperature or answers yes to any of the following questions, they will not be allowed to participate in the program that day:

- Are exhibiting any symptoms of the coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC.
- Have been in contact with someone with COVID-19 in the last 14 days.
- If you have a serious underlying health condition, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, or whose immune system is compromised parental discretion for participation will be advised

- ❖ **NEW*SPORTS PERFORMANCE PROGRAM:** 5 weeks 1 or 2 days a week at Ocean State Community Wellness Center Results base sports training by a trained professional Tuesdays and Thursday 5pm \$65 or \$125, Starts July 28th <https://oswellness.org/keep-you-safe/>
- ❖ **PLAYGROUNDS:** Monday through Friday, beginning Monday, **June 29 to August 21, \$175 FEE. 6 TO 13 YEAR OLDS** (age by September 1st of this year)! Fee includes onsite activities and field trips. **Extended Morning Care Program 8-9am at each camp location this year*NEW must wear camp t shirt everyday PLAYGROUND LOCATIONS FROM 9 AM TO 4 PM:** Wilson & McGinn Park, Stony Lane & Forest Park School. Half day program now available
- ❖ **Summer Squad:** Children enrolled at McGinn park playgrounds going into grades 1-6 will be automatically enrolled in Summer Squad offered by OFL, NKSD flattens the summer learning curve!
- ❖ **TEEN EXTREME:** Due to the COVID-19 we had to cancel this program we will be offering an extra week next year for those that aged out this year and missed the opportunity
- ❖ **GIRLS COMPETITIVE SOFTBALL** Tryout for Riptides 5:30pm at Ryan Park on 7/30 taking all 8U-14U! Come make new friends and new memories ins the game of ball.
- ❖ **GIRLS FALL BALL SOFTBALL** Please register online the program currently shows as FREE we would like to make sure we can get enough girls to form a team before we charge you. If we do not have enough girls the league wont run so pre-register! Fee will be \$75.00 for approx. 6-8 weeks. 2 days a week practice and approx. 4-6 games we are also looking for coaches please email kbodington@northkingstown.org for more information
- ❖ **SOFTBALL PITCHING CLINIC-PRE REGISTRATION MANDATORY-** All levels; Ryan Park 7-8pm August 4, 11, 18
- ❖ **LAST CHANCE PRESCHOOL AND YOUTH SWIM offered by NK Rec and YMCA-**\$68, ages 3-12 different skill levels different times and 2 different sessions, Starts in August, many time slots offered, registration online, pre-registration mandatory registration closes 7/24!
- ❖ **TENNIS SUMMER CAMP:** New organization with three different age groups each camp, all at NKHS Tennis Courts. TWO ONE WEEK SESSIONS. LIMITED SPOTS AVAILABLE
 - August 3-7th 5-8 \$50.00 8:30-9:30AM / AGES 9-11 \$100.00 8:30-10:30AM / AGES 12-14 \$150.00 8:30-11:30AM
- ❖ **NEW GET MOVING** \$25.00 Partnered with Ocean State Community Wellness for this great NEW program at 4 different locations and if you are in our Playgrounds Summer Camp you are on site and ready for action! \$5.00 daily rate **Must Pre register**
- ❖ **NEW SUMMER BASKETBALL** \$25.00 At McGinn Park focused on fundamentals of offense & defense NO GAMES starts in July
- ❖ **AFTER WORK EXERCISE CLASS & ADULT YOGA** SESSIONS HELD AT THE COLD SPRING COMMUNITY CENTER. CONTACT THE OFFICE FOR MORE INFORMATION (will resume as soon as we safely can) For Zoom Yoga option please email gsalzberg@gmail.com
- ❖ **SUMMER TRACK SPRINT CLINIC-** Sprint body posture, foot turn over, starts, relays and hurdles Wednesdays 7/8, 15, 22, 29 6-745pm Grades 4-8
- ❖ **SUMMER TRACK DISTANCE CLINIC-** Distance body posture, endurance, speed Wednesdays 7/8, 15, 22, 29 6-745pm Grades 4-8
- ❖ **SUMMER TRACK RUNNING WORKOUT CLINIC-** Sprint, distance and full body workouts. Tuesday & Thursday 8/4-8/20 530-630pm Grades 4-8 (grade in September) \$20.00 residents

- ❖ **SUMMER YOGA ON THE BEACH**- Any age, 7/3-8/28 730a-830a \$5.00 drop-in rate or \$45.00 for 9 classes
- ❖ **DRAMA CAMP**- (NK residents only) working with RIYT to bring you an outdoor stage performance of Pinocchio: An Unbelievable but True Tale DRAMA CAMP THE WEEK OF AUGUST 17TH with an outdoor performance at the Beach Ages 7-14 - \$125.00 includes T-shirt and Vimeo link of performance

Town Beach stickers are available for purchase inside the Town Hall in the Clerk's office beginning weekly Tuesday to Friday on Tuesday 7/21 8:30-430

North Kingstown's Cold Spring Community Center is available to host your summer events and is located on the North Kingstown Town Beach contact recreationsecretary@northkingstown.org for more information

SPECIAL EVENTS

North Kingstown Arts Council has decided to cancel The Summer Concert Series at the Town Beach Due to COVID-19.

North Kingstown Arts Council presents: Children's Entertainment Series on Thursdays, starting at 6:00PM at the Town Beach. Bring a lawn chair, picnic basket and friends, donations are appreciated. Rain dates for all concerts are the next day. Please call the rain line if you are unsure 268-1543. We will NOT move indoors. July 30 Vanessa Trien; August 6: Cavi Carbone; August 13: Atwater Donnelly; August 27: Keith Munslow. For more information on the concerts or other Arts Council events please visit www.nkartscouncil.org

North Kingstown Golf Course is OPEN! Please call ahead for Tee Times 294-0684
<https://www.northkingstown.org/723/About-NKGC>

NORTH KINGSTOWN LATE SUMMER AND FALL ANNOUNCEMENTS

Cross Country * Arts & Crafts Sessions * Busy Bodies * Gymnastics * Badminton * Volleyball

- ❖ **Fall Field Hockey Clinics: held at NK recreation fields/Quonset** (we provide the stick, balls and goggles) Registration available 6/5
 - K-2nd grade –8/11-9/29 Tuesdays 5:30-6:30pm \$50.00 includes mouthpiece and T-Shirt
 - 3rd-5th grade –8/12-10/28 Mondays & Wednesdays 5:30-6:30pm \$90.00 includes mouthpiece and T-Shirt
 - 6TH -8th grade –8/12-10/28 Mondays & Wednesdays 6:30-8:00pm \$90.00 includes mouthpiece and T-Shirt (no games at this time due to covid)

BASKETBALL BEGINS NOVEMBER 7, 2020

More information about the fall program will be available soon. Programs will include girls' gymnastics, art, cross-country, youth and adult basketball, and volleyball.

FOR INFORMATION CALL YOUR RECREATION DEPARTMENT 268-1540

ADDRESS: 100 FAIRWAY DRIVE, NORTH KINGSTOWN, RI 02852 recreationsecretary@northkingstown.org